





# West Virginia District Educator News

## Don & Charlotte Henrey

Rt. 3 Box 4B  
Salem, WV 26426  
1-304-782-4046  
[insclaim@citynet.net](mailto:insclaim@citynet.net)



Hello and Happy New Year to Everyone,

We are into a New Year already – 2008 – the older we get the faster the years go by. It seems just like yesterday when we turned the year 2000 and everyone thought all of the computers would crash.

We were thinking of a good way to start the year with some possible New Year's Resolutions. Other than the first two on the list (which we feel are the most important), are some thoughts to consider.

1. Ride Safe - Always strive to ride safe. Take an ERC or attend a Parking Lot Practice.
2. Have FUN !! - It goes without saying that if you do not do # 1, you may not have very much Fun.
3. Always wear proper riding gear – dress like you would in case you knew the bike was going down.
4. Always do a Pre-Ride Inspection – Follow the T-Clocks.
5. Support your local chapter and help out all you can – the chapter is for the members and their enjoyment. Support the other chapter's in your District by attending some of their meetings and Fun Days when you can.
6. Support your District Events and Rallies.
7. Support the Regional Rally and volunteer to help out when you can.
8. Strive to move up in the GWRRA's Educational Levels Program.
9. Attend Rider Education and Leadership Training Seminar's when they are given and take a Med First Class.
10. Recruit new members when possible – as you are riding and talking to fellow Gold Winger's – find out if they are GWRRA members and if not, invite them to one of your chapter meetings.

We are looking forward to the coming year and hope to see lots of our old friends and make new ones.

To all of the Chapter Directors and Chapter Educators - let us know when you would like to have a Med First Class, Rider Education Seminar, or Leadership Training Seminar presented us and we will be glad to do so.

We hope to see WVU and Ohio State both win their bowl games !!!  
Ride Safe and Be Safe and have FUN

Don & Charlotte Henrey - WVDE

**Remember Ride Safe and Be Safe With Riders Education!**

# Pirates of the Car-Ramada-Inn

**WV Mountaineer Winter Rendezvous  
February 29 - March 1, 2007**

Bring your best Pirate outfit or you will walk the plank  
- Swashbucklers welcome!!!

Let's take a break from the winter Blues and come on down to the Ramada and have some fun. Everyone Dress the part and bring your Pirate, your parrot and have a great voyage back in time.

**YOU BETTER SMILE BIG OR ELSE!!!!**

We might need it to throw you in the brig!

## **We are offering:**

Seminars  
Hospitality Room  
Cake Walk  
Best Dressed Competition

Prizes  
Fun  
Games  
50/50 Drawing  
Wingo  
More surprises

We even will give you a lunch by the Pool FREE to get rid of the Blues.  
When is the last time you had lunch by the pool.

We have secured a great rate at the Ramada:

**Only \$72 per nite    Mention Code GWRR to get this rate  
Full breakfast included  
Indoor Pool**

Great people to share your winter stories with!!!!  
Where else can you get this kind of deal????????????????

Ramada Inn, South Charleston, WV ( just off the Montrose Exit of I-64, bear right, then bear right at the bottom of the hill just before MacCorkle Avenue and circle under the road, the Ramada will be on your right.)

## REGISTRATION

Rider \_\_\_\_\_

Member \$20.00 X \_\_\_\_ = \$ \_\_\_\_\_

Co-Rider \_\_\_\_\_

Non-Member \$25 X \_\_\_\_ = \$ \_\_\_\_\_  
& On-Site

Address \_\_\_\_\_

Total \$ \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_ Zip \_\_\_\_\_

AGREEMENT

Chapter \_\_\_\_\_

I/We agree to conform and comply with the ideals governing the is event. We further agree to hold harmless GWRRA, co-sponsoring organizations or any property owners for any loss or injury to self or property in which I/We may become involved by reason or participation in this event. I/We also agree to assume responsibility for any property which I/We knowingly damage.

GWRRA Numbers \_\_\_\_\_

I/We have read this form. Must sign below

Children 16 and younger -- no charge!

Rider \_\_\_\_\_

Co-Rider \_\_\_\_\_

Please return to:

Buz Mowrer

112 Pine Drive

Poca, WV 25159

## SOMETHING TO THINK ABOUT

The Rider Education Division Staff want to wish all of you a **Merry Christmas** and a **Wonderful New Year**.

All the Rider Education Officers in the Region, District, and Chapter have done an outstanding job to help their members receive the best education that any organization can get. You can be proud of your outstanding contributions to GWRRA. The following article has come out of the Region D area of Ohio. We can relate to this and we can sit here and laugh but agree we all have been in this situation more than once.

### **Motorcyclist Offers Apology and Restitution to Members of DUMB**

Guest Column Larry Supina

An apology is in order, so, please, for give me. It wasn't until this morning on my ride to work that I fully understood I was in error. Yes, I've noticed that there are many very busy and important people on the roads. You all are hard to miss with the cell phones, laptops, breakfast bars, coffee, cigarettes and all, but until now, I didn't realize I was causing so much trouble for you busy, multitasking drivers.

I figured it out this morning, thanks to the nice lady working on the laptop who needed the lane I was in. First, ma'am, let me say that when I honked at you from the shoulder, I didn't mean to startle you. My intent was just to give you a little beep to let you know the lane was all yours. But I was braking so hard; I couldn't lift my thumb off the horn button. My gads. I didn't mean to cause you to nearly hit the guy talking on the cell phone.

You know, he was smoking and talking as he moved his SUV right into the space you had just left. Anyway, the good news is, that's when I realized all of you multitasking drivers must be texting each other about intended lane changes and running traffic lights and stop signs and such. I'm sorry; I'm still using old-fashioned blinkers. I didn't realize you needed some time to e-notify that guy that you needed the lane back. I really messed it up for both of you!

I can only say that the guard rail was a little distracting and I was only thinking about myself. I'll try harder next time. Like I said, I didn't know that was how you multitasking drivers were communicating. It must have been in an e-mail, but my laptop fell off my tank and I haven't replaced it. However, I have a solution. I know many of you are so busy and important that you have no choice, you have to eat, work, talk, read, and do lots of other really important things as you drive. Those of us who use the road only for traveling would be happy to stay out of your way; we just need to know you're coming.

A little visual clue would help—I was thinking of a bumper sticker. That way, every one could identify you as Drivers Utilizing Multiple Behaviors.

Of course, that's a little long, so we'd cut it down to an acronym—DUMB.

If you'd place stickers on the front, back and maybe the sides of your car, the rest of us would know not to interfere with you on the road. I think it's such a good idea; I'll pay for the bumper stickers and even put them on for you. Deal???

Again, I'm sorry I got in your way. I'll try harder to see you coming from now on. I promise!

Larry Supina is an Amarillo resident. He works as a safety manager at Pantex .

**LarryOberholtzer**

## **OTHER THINGS TO THINK ABOUT**

### **VICKS VAPORUB...TRY IT, IT WORKS**

I wish I'd known this when my family was young during winter colds and coughs. I am going to try it myself. Share with young parents.

Isn't life strange. When we had a lecture on Essential Oils, they told us how the foot soles can absorb oils. Their example: Put garlic on your feet and within 20 minutes you can 'taste' it.

Some of us have used Vicks Vaporub for years for everything from chapped lips to sore toes and many body parts in between. But I've never heard of this. And don't laugh, it works 100% of the time although the scientists at the Canada Research council (who discovered it) aren't sure why.

To stop nighttime coughing in a child (or adult as we found out personally), put Vicks Vaporub generously on the bottom of the feet at bedtime, then cover with socks. Even persistent, heavy, deep coughing will stop in about 5 minutes and stay stopped for many, many hours of relief. Works 100% of the time and is more effective in children than even very strong prescription cough medicines. In addition it is extremely soothing and comforting and they will sleep soundly. I heard the head of the Canada Research Council describe these findings on the part of their scientists when they were investigating the effectiveness and usage of prescription cough medicines in children as compared to alternative therapies like acupuncture.

Just happened to tune in A.M. Radio and picked up this guy talking about why cough medicines in kids often do more harm than good due to the chemical makeup of these strong drugs so, I listened. It was a surprise finding and found to be more effective than prescribed medicines for children at bedtime, in addition to have a soothing and calming effect on sick children who then went on to sleep soundly. Polly tried it on herself when she had a very deep constant and persistent cough a few weeks ago and it worked 100%! She said that it felt like a warm blanket had enveloped her, coughing stopped in a few minutes and believe me, this was a deep, (incredibly annoying!) every few seconds uncontrollable cough, and she slept cough-free for hours every night that she used it. If you have grandchildren, pass it on. If you end up sick, try it yourself and you will be absolutely amazed by the effect

**IT ALSO WORKS AS RELIEF FOR MOSQUITO BITES!!! RUB A LITTLE ON THE BITE AREA AND IN A FEW MOMENTS IT WILL CEASE TO ITCH AND IS COMPLETELY GONE THE NEXT DAY!!!**



## **GWRRA – Region N – District of West Virginia Chapter Events & Meeting Times**



### **Upcoming Chapter Events**

**Chapter A Funday, TBA**  
**Chapter B Funday, TBA**  
**Chapter C Funday, TBA**  
**Chapter E Funday, TBA**  
**Chapter F Funday TBA**  
**Chapter G Funday, TBA**  
**Chapter H Funday, TBA**  
**Chapter I Funday, TBA**  
**Chapter J Funday, TBA**  
**Chapter K Funday, TBA**

#### **CHAPTER A (Martinsburg)**

Becky & JJ Jones  
304-791-8176  
The 1<sup>st</sup>. Sunday @ 8/9 AM  
Ryan's Restaurant. I-81 Exit-12  
Martinsburg Mall

#### **CHAPTER G (Beckley)**

Dusty & Stacey Buckner  
304-872-5954  
The 4<sup>th</sup> Saturday @ 6/7 PM  
Shoney's in Summersville

#### **CHAPTER B (Clarksburg)**

Darrell & Debbie Hutson  
304-782-1528  
The 3<sup>rd</sup> Saturday @ 6/7 PM  
Moose Lodge, 150 W Main Street

#### **CHAPTER H (Charleston)**

Joe & Lisa Skidmore  
304-965-6196  
The 1<sup>st</sup> Saturday @ 6/7 PM  
Shoney's, 116 Kanawha Blvd. East

#### **CHAPTER C (Huntington)**

Dale Fuller & Cathy Black  
749-886-6460  
The 2<sup>nd</sup> Saturday @ 6/7 PM  
Shoney's, Rt. 60 East, I-64 Exit-15

#### **CHAPTER I (Morgantown)**

Bill & Beth Ann McCormick  
304-598-0200  
The 2<sup>nd</sup> Saturday @ 6/7 PM  
Golden Coral, Star City

#### **CHAPTER E (Moundsville)**

Mike & Bonnie Ackermann  
740-676-1502  
Last Saturday @ 6/7 PM 1400 Main St.  
River City Ale Works, Wheeling

#### **CHAPTER J (Parkersburg)**

Danny & Tangi Byers  
304-428-8888  
The 2<sup>nd</sup> Monday @ 6/7 PM  
Ryan's Restaurant, South Parkersburg

#### **CHAPTER F (Keyser)**

TBA  
?????  
The 3<sup>rd</sup> Sunday @ 1/2 PM  
Polish Pine Restaurant

#### **CHAPTER K (Elkins)**

Wayne & Sheila Gregoire  
304-636-4718  
The 1<sup>st</sup> Saturday  
Western Steer, Rt. 250 & 92

# **Editorial**

**District Newsletter Editor**

**Mark W. Frum**

**1-304-623-6711**

[WVDNewsletter@ma.rr.com](mailto:WVDNewsletter@ma.rr.com)

In our informational series about the surrounding area of our up coming WV Rally we offer the following information to our fellow GWRRA Members.

## ***Welcome***

Nestled in the heart of whitewater rafting country, and in close to West Virginia's GWRRA Rally this coming year is Hawks Nest State Park which encompasses 276 acres bordering a rugged section of the New River Gorge National River.

Long known for its panoramic views, the park offers a Tram ride down the mountainside and a fun jet boat ride up the New River Gorge river with beautiful scenery most never see. WOW

### **Wonderful Discount & Packages**



Below the lodge, the New River forms peaceful Hawks Nest Lake. Above the lake, the narrow canyon and rushing water create one of the most challenging whitewater boating waterways in the nation. A rugged, white water river, flowing northward through deep canyons, the New River is among the oldest rivers on the continent. The national park encompasses over 70,000 acres of land along the New River, is rich in cultural and natural history, and offers an abundance of scenic and recreational opportunities.

**We would like to start a For Sale section for everyone in the District Newsletter. This will allow everyone in all chapters to have a place to list the items they have for sale and be available to all chapters through out the state of West Virginia and beyond. If you would like to list items for the up coming newsletters please pass them on to me at**

[WVDNewsletter@ma.rr.com](mailto:WVDNewsletter@ma.rr.com)

### **An item for this month is:**

For Sale - Fiberglass White Cap - Fits Ford Ranger w/6' bed. Like new condition and was from Ridge Runner in Fairmont, WV. Cost new was \$735.00, asking \$375. Call 304-782-3943 or 782-4046. – Don Henrey WVDE

## 2008 Tentative Rally Schedule

TN Spring Fling- April 24-26 – Pigeon Forge, TN – Wings on the Water  
14<sup>th</sup> Annual Region N Rally- May 29-31 – A County Fair – Kingsport, TN  
WV Down Home Rally– June 26-28 – Summersville, WV – WV Trails  
Wing Ding– July 3-6 Greenville, SC – Carolina First Center  
KY Blue Grass Blast– August 8-10  
NC Wings over Smokies– September 18-20 – Fletcher, NC  
VA Rally in the Valley– October 9-11 – Salem, VA

## The 2007 Region N Operations Staff

### Regional Directors

Frank and Kathy Albert  
Kodak, Tennessee

### Motorist Awareness

Jerry and Leisa Childers  
Gray, Tennessee

### 2007-2008 Couple of the Year

Ed and Mary Ann Grazier  
Smyrna, Tennessee

### Rider Educators

Jim and Nan Hall  
Clarksville, Tennessee

### Membership Enhancement

Ed and Linda Johnson  
Bristol, Virginia

### Leadership Trainers

David and Kathy Orr  
Monroe, North Carolina

### Webmaster

Rick and Teresa Nissel  
Elkview, West Virginia



### Contact us at:

GWRRRA INTERNATIONAL  
HEADQUARTERS  
21423 N11TH AVE  
PHOENIX, AZ 85027  
1-800-843-9460

GWRRRA Region N  
310 NEWMAN DRIVE  
Kodak, TN 37764

GWRRRA DISTRICT OF WV  
112 Pine Drive  
Poca, WV 25159

### We're On the Web!

[Link-www.gwrrra.org](http://www.gwrrra.org)

[Link-www.region-n.org](http://www.region-n.org)

[Link-www.wvgwrra.org](http://www.wvgwrra.org)